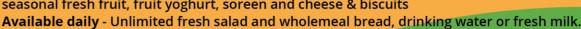
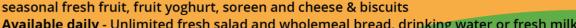
SCHOOL MEALS







Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of















Week One

Meat Free Monday

Vegetarian Sausage Roll baked diced potatoes and beans

V Jacket potato served with a choice of fillings served with fresh salad Vanilla Ice Cream

Tuesday

V Roast Gammon served with sage and onion stuffing creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

V Jacket potato served with a choice of fillings served with fresh salad

> Fresh Fruit Segments or yoghurt

Wednesday

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

> Jacket potato served with a choice of fillings served with fresh salad

> > Homemade Blueberry Cake

Thursday

V Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

V Cooks choice Homemade Pasta Bake served with seasonal vegetables

V Jacket potato served with a choice of fillings served with fresh salad

V Jelly and Fruit

Week Two

Meat Free Monday

Margarita Pizza served with herby diced potatoes, and sweetcorn

V Jacket potato served with a choice of fillings served with fresh salad

Vanilla Ice Cream

Tuesday

V Roast Turkey with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

> Fresh Fruit Salad or Yoghurt

Wednesday

V Choice of Wrap to include cheese, ham & tuna served with fresh salad and coleslaw

V Jacket potato served with a choice of fillings served with fresh salad

V Jelly and Fruit

Thursday

V Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Red Tractor chicken goujons served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

Friday

V Homemade Spaghetti Bolognaise served with garden peas

V Jacket potato served with a choice of fillings served with fresh salad

> Cooks choice **Homemade Carrot Cake** or Banana and Oat Cake

Week Three

Meat Free Monday

MHomemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

V Jacket potato served with a choice of fillings served with fresh salad

Vanilla Ice Cream

Tuesday

V Roast Chicken with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

> Fish Finger, creamed potato, carrots and fine beans

Fresh Fruit Segments or Yoghurt

Wednesday

Vegetarian Burger in a bun Baked wedged potatoes and coleslaw

V Jacket potato served with a choice of fillings served with fresh salad

Homemade Flapjack

Thursday

Seasoned Chicken Fillet served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

> Cooks Choice Toffee Date Cake or Chocolate Cake with Orange

Friday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

V Jacket potato served with a choice of fillings served with fresh salad

V Jelly and Fruit



Menu cycle week one: 25th April, 16th May, 6th June, 27th June, 18th July, 8th August, 29th August, 19th Sept, 10th Oct

Menu cycle week two: 2nd May, 23rd May, 13th June, 4th July, 25th July, 15th Aug, 5th Sept, 26th Sept, 17th Oct

Menu cycle week three: 9th May, 30th May, 20th June, 11th July, 1st August, 22nd August, 12th Sept, 3rd Oct, 24th Oct **School Menu Spring/Summer 2022**

= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



