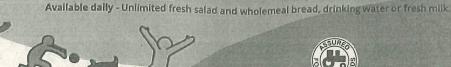
SCHOOL MEALS

Available daily as an alternative: - Filled Jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits





Week One

Meat Free Monday

Homemade Macaroni Cheese

Vegetarian Sausage Roll baked diced potatoes and beans

Strawberry Ice Cream Roll

Tuesday

V Cooks choice curry served with 50/50 rice

V Baked fishcake, baked potato waffles, Peas and sweetcorn

> Fresh Fruit Segments or yoghurt

Wednesday

Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

V Hot Tuna Panini served with Coleslaw, sweetcorn and salad

Homemade Blueberry Cake

Thursday

V Cooks choice Homemade Lasagne or Pasta Bake served with seasonal vegetables

Momemade Cheese 51: Ce vith baked jacket wedges sweetcorn and salad

V Jelly and Fruit

Friday

V Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Week Two

Meat Free Monday

Margarita Pizza served with baked jacket wedges and sweetcorn

Baked Falafel with Couscous And salad

Raspberry Ripple Ice Cream Roll

Tuesday

v Roast Dinner

V Hot Ham and Cheese Panini, Fresh salad, coleslaw

> Fresh Fruit Salad or Yoghurt

Wednesday

∀ Spaghetti Bolognese Served with mixed vegetables

Spicy Quorn served with savoury rice and mixed vegetables

V Jelly and Fruit

Thursday

V Chicken curry and rice

V Selection of filled wraps

Cooks choice Homemade Carrot Cake or Banana and Oat Cake

Friday

V Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Chicken goujons Served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

Week Three

Meat Free Monday

Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

Quorn nuggets with baked herby diced potatoes, and sweetcorn

Chocolate Ice Cream Roll

Tuesday

V Homemade Cajun Chicken in a bun, Baked wedged potatoes, coleslaw and sweetcorn

Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn

> Fresh Fruit Segments or Yoghurt

Wednesday

v Chilli beef served with 50/50 rice

V Baguette pizza served with fresh salad and coleslaw

Rice pudding

Thursday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

V Jelly and Fruit

Friday

V Crumb coated chicken Served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

